

For more information,  
please call our office on  
**01472 602500**

If you are met with an answering  
machine, please don't be put off  
- just leave a message, and we  
will call you back.

Or, write to:

Friendship at Home  
6-7 Aspen Court  
Cleethorpes  
DN35 0SJ

Email: [admin@friendshipathome.org.uk](mailto:admin@friendshipathome.org.uk)

Website: [www.friendshipathome.org.uk](http://www.friendshipathome.org.uk)

 [friendshipathome](https://www.facebook.com/friendshipathome)

 [friendshipatho1](https://twitter.com/friendshipatho1)



# Friendship At Home

offering support & friendship to older people  
in NORTH EAST LINCOLNSHIRE

## Friendship At Home



Friendship at Home  
Registered Charity Number 1160062



 **ST HUGHS**

If you require this leaflet in a different  
format or language contact the office on  
01472 602500



## What we do

We are a volunteer-based scheme, offering support and friendship to people over 60 across North East Lincolnshire who may be isolated and unable to get out and about as they used to. We encourage them to regain lost confidence and to become part of local life once more.



## Our services

There are many different activities to take part in, and it's a great way to meet new friends and become involved with your community. Our staff can always help you with more information if you need it.

Our services include:

- Social Clubs
- Bingo Club
- Befriending
- Residential Befriending
- Memory Groups
- Exercise Classes
- St Hugh's project (support, advice and information for those or the families of people with memory concerns)
- Day Trips
- Assisted Shopping\*
- Information Service
- Telephone Befriending

\*Please note a charge applies for our shopping services.

## A new friend

Our main service is our Befriending Service. You could receive your own volunteer befriender, who would be personally matched to you. Regular visits can be arranged mutually between the member and volunteer.

Each volunteer is interviewed, then references and a police check are carried out to ensure safety and security for you before you meet for the first time. We always take great care to match people, ensuring there are interests or circumstances in common that will encourage the friendship to strengthen and grow.

## What happens next?

If you are interested in receiving our services, or attending one of our social or exercise groups, please contact us for more information and we will be happy to assist you.

If you decide to offer time as a volunteer we would love to hear from you.

For an application form, please contact our office and together you and a staff member can chat over what your interests are and how you would like to be involved.

