

A new friend

Our main service is our befriending service. If you are unable to get out and about as you used to and feel lonely or isolated, you could receive your own volunteer befriender who would be personally matched to you and visit you at home on a regular basis.

What happens next?

If you are interested in receiving any of our services, or attending one of our social or exercise groups, please contact us for more information and we will be happy to assist you. If you would like to offer your time as a volunteer, we have many different roles available. To request an application pack, please contact the office.



Ways to contact us



Call

01472 602500



Email

admin@friendshipathome.org.uk



Write

Friendship at Home
6-7 Aspen Court
Cleethorpes
DN35 0SJ



Website

www.friendshipathome.org.uk



Facebook

friendshipathome



Instagram

friendshipathome

Friendship at Home



Friendship at Home
Befriending and Supporting Older People



Friendship at Home
Registered Charity Number: 1160062

Who we are

We are a volunteer-based charity providing friendship and support to people over 60 across North East Lincolnshire, for those who may be feeling lonely and isolated. Through the support of our services, we help them to regain confidence and independence so that they can once more become a vital part of their community.



Our Services

There are many different services and activities available and it's a great way to meet new friends and become involved with your community. Our helpful, friendly staff can help you decide which service may be right for you.

Our services include:

One-to-One Befriending

A regular home visit from a volunteer.

Telephone Befriending

A regular telephone call from a volunteer.

Dementia / Memory Concerns Support & Advice

Receive support, advice and information for people, their families and carers, living with memory concerns.

Hospital Discharge Support

Support to return home from hospital and settling back in.

Wellbeing Check

If you are feeling worried or need help and advice, we provide a full wellbeing check to identify your needs and sign post to the correct services.

Social Clubs

A variety of different social clubs, including ones that are tailored specifically for those with memory concerns.

Exercise Clubs

A variety of different exercise clubs including chair based exercises, shibashi and indoor curling.

Virtual Clubs / Activities

Perfect for if you are unable to get out, you can join us virtually.

IT Support / Tablet Loan

For those who want to get online and join the virtual fun.

Special Events

Parties, fundraising events and more.

Day Trips

Join us on fun day trips to a variety of different locations.

Information

Helpful advice and signposting to other services.