

Volunteers Needed

Friendship at Home are looking for volunteers in your area who are able to give just one hour a week of your time, to help an older person who is feeling lonely and isolated.

If you are interested in volunteering with us we would love to hear from you. $_{\text{criendship at }H_0\eta_e}$





Email admin@friendshipathome.org.uk

Selfriending and Supporting Older People